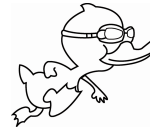


# Terrey Hills Swim School

## Class Times



### Aqua Ducks Classes (Parent/Child Program)

30 minutes lessons (middle or top pools) (32° Pool)

Monday – Friday 9:00am – 11:00am  
Saturday 7:30am – 12:00pm

### Learn to Swim

(Beginners, Aqua1, Aqua3, Aqua5, Aqua7, Aqua9, Aqua 15) (Aqua4, Aqua6, Aqua8)  
30 minutes lessons (middle or top pools) ( 32° Pool)

#### Preschool

Monday – Friday 8:00am – 11:00am  
Saturday 7:30am – 1:00pm

#### School Age

Monday – Friday 7:30am – 8:00am  
3:30pm – 6:30pm  
Saturday 7:30am – 12:00pm

### Stroke Development

(Aqua 10, Aqua 20 (30 minutes), Aqua 25 (45 minutes), Aqua 50 (1 Hour) (Squad pool)

Monday – Friday 07:30am  
Monday – Friday 3:30pm – 6:30pm  
Saturday 8:30am – 12:00pm

### Junior Squads

1 hour swim + ½ hour gym in 25 metre pool (squad)

Monday – Friday 4:30pm - 6:00pm (term 2 and 3)  
Saturday 5:00pm – 6:30pm (term 1 and 4)

### Bronze

1 hour 15 minutes lesson (Squad pool))

Monday, Wednesday, Friday 7:00am – 8:15am  
Saturday 6:00am

### Silver and Gold

Monday, Wednesday, Friday 5:30pm – 7:00pm  
Saturdays 6:00am – 7:30am

### Adult Squad

Monday, Wednesday, Friday 6:00am, 8:30am & 9:30am  
Tuesday & Thursday 6:30am, 8:30am & 9:30am  
Saturday 7:30am, 11:00am, 12:30pm  
Monday – Thursday 6:00pm (term 2 and 3)  
6:30pm (term 1 and 4)